College 101
Santa Cruz High School

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What can you expect from tonight's meeting?

College Planning and Preparation is a lengthy process. We will not be able to cover all of what you and your student need to do in one night.

Tonight's Goal: We will introduce you to ideas and information that you can use to guide you. In addition we will provide resources for you to use as you move forward.

The Importance of Self Awareness, and Self-Reflection in High School: Know thyself and grow skills and experience: Before the College Search

Some sites to guide you and your student:

1 Viame: Character Strengths—12 Strengths Handout

2. California Career Zones/Interest Profiler

3. Road Trip Nation: Finding One's Passion

4. Mindtools: The Kind of Learner. Organizer

5.The Building Block—35 Building Blocks needed for college and career success

6. Green360 Careers—Many sites to explore

Passions and Interests and College Admission: How do these two notions plays a role in preparation for College and in College Admissions?

How does this relate to each year of HS and why does it matter in college admissions?   Year to Year

Class Choices—"stretching", taking risks

Community Service—less is more

Research and Internships—passions explored

Athletics and Clubs—tryout, find what interest you, less is more

Tests: Why they are important for college admission and how to prepare for them?

Check out tests on websites, take practice tests online

1. PSAT: Practice Tests

2. SAT: Practice Tests for SAT

3. ACT: Math Practice ACT Tests, Practice English ACT Tests

4. AP Tests

Values and Factors to Consider

1. Your Value Statements will affect your decisions in HS and in choosing your college

2. Factors to Consider, when to start making that list

3. Eligibility versus Selectivity: Looking outside of what you know versus the names school

4. Conversations about values and factors are personal, but necessary and they include the financial and you need to consider all of them as you conduct a college search